

Help us turn
DUSTY BIKES
into **SHINY**
SMILES

FREE BIKES 4 KIDZ

is a non-profit organization geared toward helping **all kids** ride into a **happier, healthier childhood** by providing bikes to underserved families. The public donates gently used bikes, we organize thousands of volunteers to clean and refurbish them, and then we give them away.

Since 2008, Free Bikes 4 Kidz has given away 50,000 bikes to kids who need them most. Our Atlanta affiliate is quickly growing and has distributed more than 500 bikes in our first two years to deserving recipients. Now we are focused on making an ever bigger impact. **Help us make it possible!**

fb4katl.org



MEASURING THE IMPACT. AND THE MILES.

Every year 25 million bikes are sold in the US. One-third of those bikes are 20" wheel-size or smaller. Since kids grow like weeds, over 8 million bikes are outgrown each year. That's a virtually endless supply - talk about a **sustainable mission**. And, that mission also extends to the way we're keeping kids safe through the helmets distributed with each bike.

1. Donate your gently used bikes.
2. Make a financial donation.
3. Volunteer your time.
4. Help us collect bikes.

LOOK WHO'S RIDING!

We're helping kids be more active through our partnerships with local nonprofits who help us distribute bikes to recipients. Here are a few of our partners.



ADDING HELMETS. A HEADS-UP MOVE.

Each bike we give away comes with a free helmet. And the research shows the benefits really add up.

- Each \$10 helmet equals \$570 in health care savings.
- In just 1 year, 85% helmet use among kids could mean lifetime medical savings up to \$256 million.
- Universal helmet use by kids under 14 could prevent up to 529,000 bike injuries annually.

*Helmet statistics via Children's Safety Network Economics and Data Analysis Resource Center

SEE THE HIGHLIGHTS // And we're just getting rolling!

Since 2008 FB4K has given away more refurbished bikes annually than any other organization.



collected
5,512 BIKES
 IN 4 HOURS



50,000 BIKES
given away



130,000 VOLUNTEER HOURS
contributed



MAKE A DIFFERENCE
 AWARD RECIPIENT



30,000 PEOPLE
 VOLUNTEERED



HEALTHY BODIES. HAPPY CLASSROOMS.

Regular physical activity in children is proven to help:

- Reduce risk of obesity, diabetes and cardiovascular disease.
- Build and maintain healthy bones and muscles.
- Improve psychological wellbeing.
- Translate to higher math & reading scores.

Research based on studies from U.S. Department of Health and Human Services (2008) and New York City Department of Health (2009).

